



The Healthy Communities Model



CORE VALUES

Capacity building, Empowerment, Inclusion

Key Elements of a Healthy Community

Equitable Community Engagement

Intersectoral Collaboration

Political Commitment

Healthy Public Policy

Asset-Based Community Development

Integrated Action on the Determinants of Health

- income and social status
- social support networks
- education and literacy
- employment/working conditions
- social environments
- physical environments
- personal health practices and coping skills
- healthy child development
- biology and genetic
- health services
- gender
- culture

Example of Outcomes

Individual

- Skills
- Behaviour
- Knowledge
- Health status

Organization

- Participation
- Skills Development
- Critical Knowledge
- Recognition
- Access to Services

Community

- Social, economic & environment well-being
- Healthy public policy
- Inclusive
- Resilient

Regional-Provincial-National

- Governance
- Legislation
- Programs
- Healthy public policy